

## Team BC Senior & Sophomore Women's Field Lacrosse



Photo Courtesy:  
Rey Comeault

### Team BC Women's Senior & Sophomore Field Lacrosse Teams

Fall 2014, the Team BC Senior and Sophomore Women's Field Lacrosse teams competed at the deBeer President's Cup Recruiting Tournament at Disney World in Orlando (FL) November 21-23.

The Team BC Senior squad collected a 3-win and 1-tie record at the 3-day event. Their first victory was 12-6 over the Pacific Falcons (California). In the second game, the BC Seniors defeated the Storm Selects (California) 10-7. The only blemish to Team BC's record was a 10-10 draw versus the Florida State champion, Stickbenders (Florida). In the final game, Team BC Seniors narrowly defeated Texas Tenacity 12-11.

The Team BC Sophomores competed hard and showed great improvement every game as they finished with a 1-win and 3-loss record. The Sophomore team fell 12-6 to Team Extreme (Baltimore, MD) to start the tournament. In Game 2, Team BC dropped a close match 9-6 to Lakeshore (Long Island, NY) in a back and forth contest. The Sophomore team put everything together against the Pittsburgh Premier (Pittsburgh, PA) and defeated them 8-6 for their first victory. Team BC dropped the final game 15-6 to a good Team M&D Red (Baltimore, MD). A large contingent of NCAA College recruiting coaches attended each game scouting Team BC athletes.

Team BC Field Lacrosse Co-ordinator, Reynold Comeault (Pitt Meadows) was impressed with all Team BC efforts as well as the attention the athletes received from college coaches. "The Senior team battled back well from deficits," said Comeault. "Countless NCAA coaches raved about our stick skills and ability to make quick decisions. The Sophomore team's first experience of high-caliber Women's Lacrosse was an eye-opener. Through perseverance and training sessions, the girls improved each minute."

Team BC Women's Field Lacrosse Program Head Coach, Dan Stroup (Port Coquitlam) likes the direction thus far in the overall development of the athletes.

"I'm very proud of what we've achieved noting our improvement in one short year," stated Dan Stroup. "Our athletes continue to get stronger and faster, and at the same time understanding the nuances of the women's discipline. Our coaching staffs are growing with the process and constantly improving. Our Seniors are now beating teams at these tournaments that we were close to. Each practice and competition is just another step in the right direction."

The Team BC Women's Field Lacrosse high performance program consists of three Women's Field Lacrosse teams in the Freshman, Sophomore and Senior age categories. All three Team BC Women's Field Lacrosse teams competed at the 2015 Sandstorm Lacrosse Festival in Indio (CA), January 17-18. All Team BC teams competed to a high degree against stiff competition at the Sandstorm tournament. The Senior finished with a 2-2-1 record; the Sophomores finished with an incredible 4-1 record and a berth in championship round; and the newest Team BC team, the Freshman squad, went 1-3-1 overall.

Thank you to all coaches, athletes, parents and volunteers for the great experience this year. A big thank you goes out to Team Managers Rita Stroup, Sue Kinna and Mike Kinna for their tireless commitment and hard work to make the Team BC experience everlasting. Team BC Field Lacrosse Co-ordinator, Reynold Comeault and Women's Field Lacrosse Program Head Coach, Dan Stroup, will continue to drive the program in a professional manner to best serve our athletes.