



# HAVE A GO DAY

Wednesday, December 5

Ages 10+ 6-7:45pm

Recreation Complex

The BC Lacrosse Association is excited to introduce a Wheelchair Lacrosse session. This FREE event will include chair skills and an introduction to wheelchair lacrosse. Everyone is welcome and no experience is necessary. Pre-registration required.

**Register for  
this FREE  
session NOW!  
[portmoody.ca](http://portmoody.ca)  
604.469.4556**

**Port Moody Recreation Complex**

300 Ioco Road, Port Moody, BC | 604.469.4556 | [www.portmoody.ca](http://www.portmoody.ca)



**PORT MOODY**  
CITY OF THE ARTS