

BANTAM (13 & 14) RULES

OPTION L

No Modifications

OPTION A

Contact

- a) Defensive players may *place* their stick on the ball-carrier and *push* them away.
- b) Place and Push is only allowed on non-ball-carriers within the offensive zone.
- c) Any offensive player (including the ball-carrier) who deliberately charges directly at a defensive player may be assessed a charging penalty.

MIDGET (15 & 16) RULES

OPTION L

No Modifications

OPTION A

Contact

- a) Defensive players may *place* their stick on the ball-carrier and *push* them away.
- b) Place and Push is only allowed on non-ball-carriers within the offensive zone.
- c) Any offensive player (including the ball-carrier) who deliberately charges directly at a defensive player may be assessed a charging penalty.