



## NOMINATION FORM

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### RUTH SEWARD MERIT AWARD – BOX LACROSSE

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This award is designed to recognize outstanding involvement of an individual (male or female) at the local level. Candidates are chosen from a local association or team, and are judged on their voluntary, extraordinary contributions to that association or team.

CANDIDATE'S NAME \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

NOMINATED BY \_\_\_\_\_

#### **ACHIEVEMENTS**

These basically include achievements during this past year, but previous achievements may also be listed.

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*Please use more sheets of paper if necessary.*

**Please return this form directly to:  
Merit Awards**

BC Lacrosse Association  
#101 – 7382 Winston Street  
Burnaby, B.C. V5A 2G9  
Phone: 604-421-9755 Fax: 604-421-9775  
E-mail: [deb@bclacrosse.com](mailto:deb@bclacrosse.com)

**NO LATER THAN WEDNESDAY, AUGUST 29, 2018 – 4:00 PM.**