2022 BCLA Field Lacrosse Provincials Health and Safety Recommendations

After careful review of the Provincial Public Health orders and viaSport guidelines for outdoor sport, we understand there is no limit on maximum group sizes, no physical distancing required, no mandatory vaccinations for volunteers, players or coaches or the use of mask is not required.

The Omicron variant of concern, which is currently the dominant strain in BC, has a shorter median incubation period of 3 days (range 0-8 days). Contact/droplets and aerosols (droplets vary in size from large droplets that fall to the ground rapidly [within seconds or minutes], to smaller droplets [i.e. aerosols] which linger in the air under some circumstances. The Omicron variant spreads quickly and many who test positive are asymptomatic. Lack of availability of testing will make it difficult to confirm any illness. We will have to air on the side of caution and assume if a player is exhibiting symptoms, as described by BCCDC, does indeed have Covid.

- Players, coaches, parents/guardians, spectators and others showing symptoms of COVID-19 must stay home when they are sick. There is zero tolerance for participating/attending while sick.
 - \circ $\;$ Anyone who has or had symptoms of COVID-19 in the last 10 days.
 - Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, vomiting or diarrhea, and new muscle aches or headache.
 - Anyone directed by Public Health to self-isolate.
- If a player is feeling ill prior to or after a game (even with mild symptoms).
 - Immediately advise team coach/manager who will advise tournament convenor.
 - Do not attend the tournament.
 - Follow BCCDC guidelines based on symptoms.
- If individuals start to feel ill while participating.
 - It includes the following: Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, vomiting or diarrhea, and new muscle aches or headache.
 - Sick individuals should report to first aid (or designated individual).
 - Sick members must wash or sanitize their hands, will be asked to leave the activity area, and isolate until a parent can pick them up.
 - Ask the member to go straight home. [Consult the BC COVID-19 Self-Assessment Tool or call 811 for further guidance related to testing and self-isolation.] and advise outcome of any COVID testing to allow for risk measures to be put into place If the member is severely ill (e.g., difficulty breathing, chest pain), call 911. Clean and disinfect any surfaces that the ill member has come into contact.
- It is requested that we all amplify the message that people should be staying home if they are not feeling well or have any symptoms of COVID-19. This reminder is key to keeping our sport environments safe, especially now that the isolation period has been shortened for vaccinated people.
- No large grouping of teams in a single location. Physically distance from other teams whenever possible while off the field.
- Masks must be worn in all indoor spaces (washrooms, tournament office, etc...) and at the concession stand, even if outdoors.
- Tournament staff to regularly sanitize high touch areas if not provided by the venue.
- Scorekeepers and time keepers to wear masks.

- At the sign in table, prior to each game, managers sign off "in good faith" that their declared roster and coaching staff, for that specific game, are not exhibiting any symptoms of illness.
- All teams to monitor their own players for symptoms throughout the tournament.
 - Contact tracing will not apply.

Risk Scenarios

- 1. Team A plays a game. After the game, two players report feeling ill.
 - Ill players are removed from the roster for the rest of the tournament.
 - Ill players cannot be at the tournament venue.
 - If there are enough players remaining, to field a team, Team A may continue with their next game.
 - Coach/manager must advise the rest of their team to monitor closely.
- 2. Team A loses more players just prior to their next game, and can no longer field a team
 - The team must withdraw from the game, and is removed from the rest of the tournament schedule.
 - The team forfeits all points earned to that point.
 - If Team A held a playoff spot at the time their removal from the schedule, the next place team will take their spot.
- 3. Team A coach/manager is feeling ill
 - Ill coach/manager is removed from the roster for the rest of the tournament.
 - Ill coach/manager cannot attend the tournament venue.
 - Team A is advised to monitor closely for symptoms.
- 4. Team A is unable to field a team for a medal round game due to illness
 - If Team A withdraws *more than* 2 hours prior to medal game start time, all remaining teams move up a place in the standings (if possible)
 - If Team A withdraws with *less than* 2 hours of the medal game start time, Team A's opponent is awarded the medal via forfeit. If the forfeited game is the Gold medal game, the Silver medal shall go unclaimed. Bronze game will continue as originally scheduled.

For those attending the Coaches/Managers meeting and when verifying game sheets

- Masks must be worn at all times.
- POV is required.