

LTAD Appendices

Appendix A

3B. Master's Rules (Box)

1. The first player to a loose ball along the boards is awarded possession.
2. There will be a 5 -second possession rule applied. This rule is waived if the player receives the ball on a breakaway with only the Goaltender to beat.
3. The ball carrier may not run past more than ONE player when *advancing towards the net*. This results in a loss of possession. Note: This does not pertain to lateral movement across the floor. Note: This does not apply within the 24 foot dotted line.
4. No team may use a ZONE DEFENSE when teams are at even strength. First time is a warning. Any subsequent ZONE defence will result in a Bench Minor Penalty to the Defensive team.
5. A team on a Power play may shoot through the lanes of a ZONE defence.
6. Team in possession retains possession for restart after stoppage for ANY injury.
7. After a penalty to one player, play shall resume with the non-offending team having Possession at centre.
8. Face-offs. Players other than the players facing off may not enter the restraining lines before the ball leaves the two-foot face-off circle. Face-off players may not kick, hit, hold, or step on the stick of an opponent. Face-off players may not PIN the ball in the two-foot circle. Any infraction will result in the non-offending team having possession at centre.
9. **SHOOTING THROUGH A CROWD/DANGEROUS SHOT RULE.** No deliberate hard shots are to be directed through a crowd. Loss of possession. Players are encouraged to go around an opponent before shooting. A player moving towards the net must be a step around the defender before attempting the shot and must have a clear shooting lane to the net. If the shooter is stationary, the shooter must be a body length away from the defensive player and must have a clear shooting lane to the net. **Note: This rule applies only to shots taken outside of the 24 foot dotted line.**
10. Any Offensive player hitting a Defensive player with the ball on a SHOT towards the goal will be assessed a Minor Penalty. **Note: It is not a penalty if the Defensive player is hit with shot while he is in the crease, or if the Defensive player makes a deliberate move to stop the shot. Note: This rule applies only to shots taken outside of the 24 foot dotted line.**
11. There is absolutely NO DELIBERATE STICK OR BODY CONTACT. All deliberate contact (from anywhere on the floor) will be assessed a Minor Penalty. This includes offensive charging. Note: deliberate contact includes picks – there are no picks allowed.
12. An interference penalty will be assessed to any player who deliberately holds his stick in the face of his opponent.
13. In the event of a Follow-Through Penalty on a shot, any goal scored WILL NOT count.
14. Any Unsportsmanlike Penalty will result in a Penalty Shot. Penalized player does not go to the penalty box, but the penalty does count towards the 3 penalty expulsion rule. If no goal is scored, play will restart with possession to the non-offending team at centre.

15. Any penalties on the ball carrier during a breakaway shall result in a Penalty Shot. If no goal is scored, play will restart with possession to the non-offending team at centre.
16. No team will be more than one player short as a result of penalties. Any subsequent penalties shall in penalty shots being awarded to the non-offending team. If the second penalty is a Major Penalty, two shots will be taken. The second penalty is recognized when the whistle blows to stop any delayed penalty. If no goal is scored, play will restart with possession to the non-offending team at centre.
17. Any player receiving 3 penalties in the game will be expelled from the balance of the game.
18. Any player receiving a Major Penalty will be expelled from the game PLUS the game following. If the expulsion takes place in the last game of a tournament/playoffs, the suspension carries over to the next tournament or regular season game. Exhibition games do not count towards the suspension.
19. Any player penalized for fighting and deemed to be the aggressor, will be expelled from the game, and suspended pending a disciplinary hearing.

Appendix B

Implementation Plan

Note: This implementation plan is solely for the overview and stages documents. When the rest of the LTAD program is approved (competition review, skills program, etc) separate implementation plans will be submitted.

2010: Adopt everything that is in the Overview and Stages Documents that does not require a formal rule change.

All formal rule changes for paperweight/minityke/6 and under

All formal rule changes for masters

Net size for Jr.B

2011: All formal rule changes for tyke/7 and 8

2012: All formal rule changes for novice/9-11