

Technical Bulletin 17-01

Women's Field Headgear and Face Mask

April 24, 2017

The Canadian Lacrosse Association (CLA) Safety and Equipment Committee would like to remind all members of [Women's Field Federation of the International Lacrosse \(FIL\) rule 6. E.](#) which states:

Rule 6. E. *All players, including the goalkeeper, must properly wear a professionally manufactured intra-oral mouth guard that fully covers the upper jaw teeth. Mouth guards must not be altered to decrease protection and field players must remove protruding tabs. Close-fitting gloves, nose guards, and eye guards may be worn. Field players are not permitted to wear headgear or face masks.*

The [CLA Women's Field Rules](#) are in compliance with the FIL Women's Field Rulebook.

For this reason, the Women's Field lacrosse helmet and mask combination Cascade XL and Hummingbird Women's Headgear/Helmet is **not approved for sanctioned lacrosse games in Canada**. In addition, this combination does not meet NOSCAE or CSA approvals at the time of distribution of this technical bulletin.



Recreational Lacrosse

For programs and leagues which have non-contact practices, tryouts, camps and/or are introducing girls for a combination of box and field lacrosse to grow the game it will be their choice to use the Cascade XL or the Hummingbird helmet. However, for every game using National Officiating Certification Program (NOCP) certified referees and games which are sanctioned under their Member Association (MA) or the CLA the players from these programs and leagues will not be allowed to wear Cascade XL or the Hummingbird helmet at this time.

Additional information and technical bulletins related to equipment may be found on the [equipment page of the CLA website](#).

The CLA's greatest priority is the safety of all members and participants.

Please do not hesitate to contact CLA Program Coordinator, Jean-François Roy (jean-francois@lacrosse.ca or 613-260-2028 ext. 301) should you have any additional questions or concerns.